## What symptoms do I watch for ?

| Women:  | Men:                               | Women & Men:   |
|---|------------------------------------|--|
| <ul> <li>An unusual discharge or smell from your vagina</li> <li>Pain in your pelvic area - the area between your belly button and sex organs</li> <li>Burning or itching around your vagina</li> <li>Bleeding from you vagina that is not your regular period</li> <li>Pain deep inside your vagina when you have sex</li> </ul> | A drip or discharge from you penis | <ul> <li>Sores, bumps or blisters near your sex organs, rectum or mouth</li> <li>Burning and pain when you urinate(pee) or have a bowel movement</li> <li>Need to urinate (pee) often</li> <li>Itching around your sex organs</li> <li>A swelling or redness in you throat</li> <li>Flu-like feelings, with fever, chills and aches</li> <li>Swelling in your groin - the area around your sex organs</li> </ul> |

If you have any of these symptoms, go to an STD clinic or your health care provider. Don't put it off - get checked out now!

## Types of STD's

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| Types of STD     | What to Watch For ?  | How Do You Get this STD ?                                     | What Happens If<br>You Don't Get<br>Treated ?   |
|------------------|--|---|---|
| Chlamydia or NGU | Symptoms show up 7-21 days after having sex. Most women and some men have no symptoms  Women:  Discharge from the vagina Bleeding from the vagina between periods Burining or pain when you urinate (pee) Pain in abdomen, sometimes with nausea  Men:  Watery, white or yellow drip from the penis Burning or pain when you urinate (pee) | anal or oral sex with<br>someone who has<br>chlamydia or NGU. | You can give chlamydia or NGU to your sexual partner(s). Can lead to more serious infection. Reproductive organs can be damaged. both men and women may no longer be able to have children. Amother with chlamydia can give it to her baby during childbirth. |
| Genital Warts    | <ul> <li>Symptoms show up 1-8 months after having sex</li> <li>Small bumpy warts on the sex organs and anus.</li> <li>The warts do not go away</li> <li>Itching or burning around the sex organs</li> <li>After warts go away, the virus stays in the body and the warts can come back</li> </ul>  |   | You can giv genital warts to your sexual partner(s). Warts cannot be cured. More warts grow and are harder to get rid of A mother with warts can give them to her baby during childbirth May lead to precancerous conditions                                  |

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| Gonorrhea   | Symptoms show up 2-21 days after having sex. Most women and some men have no symptoms Women:  Thick yellow or white discharge from the vagina Burning or pain when you urinate (pee) or have a bowel movement Abnormal periods or bleeding Bleeding from the vagina between periods Cramps and pain in the lower abdomen(belly)  Men:  Thick yellow or white drip from the penis Burning or pain when you urinate (pee) or have a bowel movement Need to urinate (pee) more often | anal or oral sex with someone who has gonorrhea  | You can give gonorrhea to your sexual partner(s). Can lead to more serious infection; Reproductive organs can be damaged; Both men and women may no longer be able to have children; A mother with gonorrhea can give it to her baby during childbirth; Can cause heart trouble, skin disease, arthritis and blindness; |
|-------------|---|--|---|
| Hepatitis B | <ul> <li>Symptoms show up 1-9 months after contact with the hepatitis B virus</li> <li>Many people have no symptoms or mild symptoms</li> <li>Flu-like feelings that don't go away</li> <li>Tiredness</li> <li>Jaundice (yellow skin)</li> <li>Dark urine, light-colored bowel movements</li> </ul>   | anal or oral sex with someone who has hepatitis B; Spread by sharing needles to inject drugs, or for any other reason. Spread by contact with infected blood | You can give hepatitis B to your sexual partner(s) or someone you share a needle with. Some people recover completely. Some people cannot be cured. Symptoms go away, but they can still give hepatitis B to others. Can cause permanent liver damage.  |

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| Herpes   | <ul> <li>Symptoms show up 1-30 days after having sex</li> <li>Some people have no symptoms</li> <li>Flu-like feelings</li> <li>Small, painful blisters on the sex organs or mouth</li> <li>Itching or burning before the blisters appear</li> <li>Blisters last 1-3 weeks</li> <li>Blisters go away, but you still have herpes; Blisters can come back</li> </ul>                 | Spread during vaginal,<br>anal or oral sex with<br>someone who has herpes | A mother with hepatitis B can give it to her baby during childbirth. You can give herpes to your sexual partner(s). Herpes cannot be cured. A mother with herpes can give it to her baby during childbirth.                       |
|----------|---|---|---|
| HIV/AIDS | <ul> <li>Symptoms show up several months to several years after contact with HIV, the virus that cause AIDS</li> <li>Can be present for many years with no symptoms</li> <li>Unexplained weight loss or tiredness</li> <li>Flu-like feelings that don't go away</li> <li>Diarrhea</li> <li>White spots in mouth</li> <li>In women, yeast infections that don't go away</li> </ul> | needles to inject drugs, or   | You can give HIV to your sexual partner(s) or someone you share a needle with. HIV cannot be cured. Most people die from the disease. A mother with HIV can give it to her baby in the womb, during birth or while breastfeeding. |
| Syphilis | <ul> <li>1st Stage:</li> <li>Symptoms show up 3-<br/>12 weeks after having<br/>sex</li> <li>A painless sore or</li> </ul>   | someone who has   | You can give syphilis<br>to your sexual<br>partner(s).<br>A mother with<br>syphilis can give it to<br>her baby during   |

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|           | sores on the mouth, sex organs, breast or fingers  Sore lasts 1-5 weeks  Sore goes away, but you still have syphilis                                  |   | childbirth or have a miscarriage. Can cause heart disease, brain damage, blindness and death;   |
|-----------|---|---|---|
|           | <ul><li>2nd Stage:</li><li>Symptoms show up 1 week - 6 months after sore heals</li></ul>  |   |   |
|           | <ul> <li>A rash anywhere on the body</li> <li>flu-like feelings</li> <li>rash and flu-like feelings go away, but you still have syphilis</li> </ul>   |   |   |
| Vaginitis | Some women have no symptoms Itching, burning or pain in the vagina More discharge from the vagina than normal Discharge smells and/or looks different | Spread during vaginal, anal or oral sex. Men can carry vaginitis infections without symptoms. | You can give syphilis to your sexual partner(s). Uncomfortable symptoms will continue Men can get infections in the penis, prostate gland or urethra. |